

What would you discover if you learned
you'd lived before?

How would you live if
love never died?



LESSONS *of* MANY LIVES

How looking to past (lives) helped me
find my *past*, cherish my *present*
and shape my *future*.



MELISSA WATTS
with KAREN FRAZIER

Who would you
choose to be?

What lessons would
you learn?

Lifetimes offer lessons....

What will your lifetimes reveal?

In her new book, *Lessons of Many Lives*, author and past life regression hypnotherapist, Melissa Watts, shares her journey from seeker to finder as she first discovered and then experienced past life regression hypnotherapy. What she learned along the way profoundly affected her and changed her life forever.

During her hypnotherapy sessions with internationally-known life-between-lives hypnotherapist, Paul Aurand, Melissa (who goes by Lisa) came face to face with her Spirit Guide, ALL, who helped her to learn not only the lessons from her past lives, but also gave her a blueprint for her purpose in this lifetime.

Now, Lisa is fulfilling this life's purpose by transforming the passion she has for past life regression into her life's work. Not only is she a hypnotherapist who specializes in past life regression and the facilitator for her series of *Spirit Path* workshops; but, she has written *Lessons of Many Lives* in which she shares her experiences and the lessons that she learned.

While *Lessons of Many Lives* tells Lisa's story, it also offers profound insights into your own path, as well. Everyone has come into this lifetime with a purpose, and no one comes into their life alone. Let Lisa's words and experiences inspire you to learn that you have never been alone, love lasts forever, and help is always just a prayer away.

...but love lasts forever.

Your life's path awaits...

You can tune into your inner guidance to discover your life's path.

Do you feel like something is waiting for you, just beyond your reach? Have you ever wondered if there is something you're supposed to be doing, but you just can't figure it out? So it was with author and past life regression hypnotherapist, Lisa Watts.

Then, one day while browsing in a bookstore, a book jumped off the shelf and landed at Lisa's feet. That book changed her life and was the first step in a series of events that led her to discover her spiritual path.

Now, the author of *Lessons of Many Lives* is bringing the lessons she learned about following her life's path to you with her *Spirit Path* series of workshops. Join Lisa as she helps you learn to listen to the guidance that all of us have been given.

Imagine what your life would be if you could trust you were on the right path. Who would you be if you truly knew that the universe was a benevolent place with guidance that is available just for you? Lisa's *Spirit Path* workshops will help you to tune in to the guidance that is always available if you choose to listen. Finding that guidance is a matter of focus and intention – no one is without it. Join Lisa and discover your own *Spirit Path*.

...all you have to do is listen.

About Melissa Watts



Whether she is conducting her past life regression hypnotherapy sessions, sharing her life's story in *Lessons of Many Lives* or teaching one of her *Spirit Path* workshops, Lisa brings passion and intention to everything she does. Growing up, she knew intuitively that there was more to life than she could discover with her five senses, and she spent most of her life seeking her path. She found it.

Now, Lisa is a certified hypnotherapist whose passion is helping others to discover their life's path. Lisa's training involved nearly 200 hours of classes, practical and clinical

experience, and observation. She is a member of IACT (International Association of Counselors and Therapists) and also IMDHA (International Medical and Dental Hypnotherapy Association). She has earned her NLP (Neuro - Linguistic Programming) certification at the Institute for Advanced Neuro-Research and Education where she studied under Dr. George Bien in NYC.

About Enlightened Pathways Healing Center



Lisa's clinic, *Enlightened Pathways Healing Center*, has offices in New York and South Carolina. Lisa's mission at *Enlightened Pathways Healing Center* is to use her passion for hypnotherapy as a conduit by which you can discover that you are far more than you ever knew or believed yourself to be, and that your life can expand in ways you could only previously have imagined.

Visit *Enlightened Pathways Healing Center* on the web:
www.ephcenter.com



About Karen Frazier

Lisa's co-writer on *Lessons of Many Lives*, Karen Frazier, is a freelance writer and journalist who has ghost written a number of books. She is currently the Managing Editor and a journalist for *Paranormal Underground Magazine*. Her upcoming book, *101 Ways to Say I Don't Know: An Agnostic Examines the Unexplained* is due out in fall of 2009. You can read Karen's blog at www.paranormalunderground.net.